

Free Support for Children and Families



What is being offered?

The University of New Brunswick's Psychological Wellness Centre (PWC) is offering one to two initial therapy sessions free of charge for children and their families who may benefit from short-term support and identifying helpful strategies.

First, we will meet with your family to discuss your concerns. We will then provide feedback, recommendations, and helpful resources!

Free

Short-Term

Confidential

Who is providing these sessions?

These sessions will be provided by clinical psychology PhD students under the supervision of a licensed clinical psychologist.

Where?



Psychological Wellness Centre
26 Bailey Drive



Virtual appointments are available
upon request

Contact the PWC at

pwc@unb.ca

(506) 452-6301